

# Personal Fouls - Felonies

- Contact
  - Legal if made to front or side, above waist, shoulders or below
  - Ball is loose within five (5) yards (ground or air)
  - Player with possession
  - Not legal if contact was Avoidable, Violent, Deliberate
- Safety
- Obvious
- 1 to 3 minutes time served
- Ejection vs. Disqualification (5 Personals)

# Legal Checking

- Stick Checking

- Player with ball, stick and hands on stick
- Within 5 yards of loose ball same as above (ground or air)

- Body

- Player with possession or within five yards of loose ball

# Slashing

- Personal Foul – 1 to 3 mins. time serving
  - Violent or deliberate blow
  - Stick on stick Okay!
  - Uncontrolled
  - Don't beat the hands
  - Repeated blows
  - Ice pick
  - Baseball swing
  - Mild contact (love taps)  
not a slash



# Tripping

- Personal – 1 to 3 mins. time serving
  - Below the waist
  - No coincidental contact – a trip is a trip
  - With possession it's a trip, loose ball trip should be called a hold and ball awarded to offended team



# Cross Checking

- Personal – time serving 1 to 3 mins.
  - Hands apart on stick
  - Force or thrust
  - Often to head or upper back/shoulder
  - Upgrade time served if severe



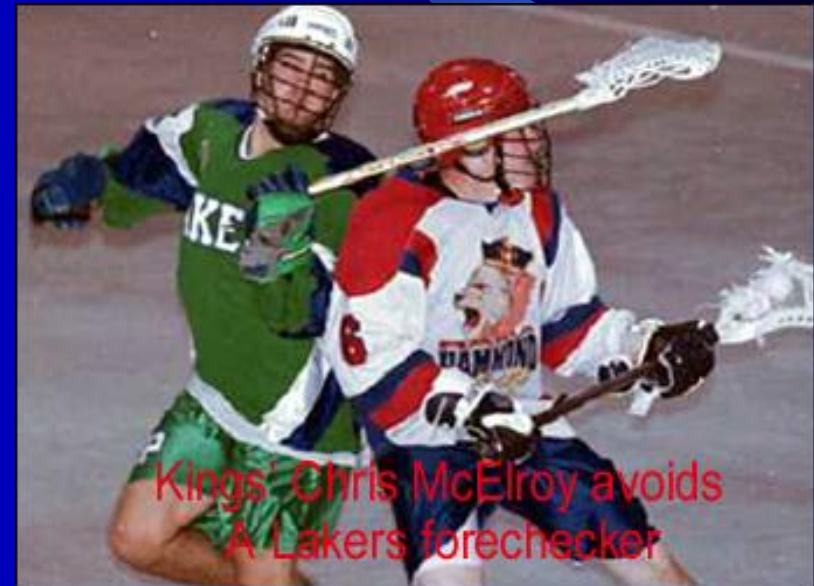
# Unsportsmanlike Conduct

- Personal – time serving 1 to 3 mins.
- Non releasable if...
  - Arguing or persuading official
  - Threats/language
  - Showboat (think end zone celebration in football)
  - Fighting (ejection)



# Unsportsmanlike Conduct 2

- Personal – time serving 1 to 3 mins.
- Releasable if...
  - Repeats same technical foul
  - Failure to re-enter game (deliberate) from out of bounds
  - Deliberate substitution violation



# Unnecessary Roughness

- Personal – 1 to 3 mins. time serving
  - Avoidable
  - Violent
  - Deliberate
  - Dead ball
  - Buddy pass (see Situation 5.8 C, page 53)



# Illegal Body check

- Personal – 1 to 3 mins. time serving
  - Above shoulders
  - Below waist
  - From behind (with force)
  - More than 5 yards from loose ball
  - Player on ground
  - After a goal (late hit)



# Illegal Crosse

- Personal – 1 to 3 mins. time serving Non-releasable
- Remove Stick from game if...
  - Head width 6-1/2” to 10” (3 mins NR)
  - Head length less than 10” (3 mins. NR)
  - Stick length 40”-42” (3 Mins. NR)
  - Stick can be fixed and reenter game for Deep Pocket (1 min. NR)



# Personal Fouls

- Protect via communication & penalization
- Felony vs. misdemeanor
- 5 P.F.s on player = disqualification (not ejection)
- Most P.F.s are 1 minute – upgrade to 2 or 3 if foul was excessive or egregious
- Use Game Management to avoid Unsportsmanlike – see the volcano bubbling before it erupts... Cool it down
- Keep the game safe and moving